

8 DAYS ADVENTURE ALPINE CROSSING 4 COUNTRIES

Eight stages, countless summits and stony trails – one of the most spectacular running events in the world. Expect: Breathtaking scenery, unequalled experiences and the unforgettable feeling of being a finisher. Experience the adventure of an Alpine Crossing side-by-side with your team partner. GORE-TEX® Transalpine-Run – be part of it! (Details of the course will be published in spring 2012.)

Registration

There are two ways for you to register: 1) ONLINE registration at www.planb-registration.com or 2) Registration by PDF-registration-form (for submission by fax or regular mail). The team leader will be the one solely responsible and receive all the documents. After receipt of the entry fee a registration confirmation containing start number and more information will be sent to the team leader. By presenting the registration confirmation you will receive your starter package at the registration in Oberstdorf. The registration is not complete until receipt of the entry fee (by direct debit for participants with a German bank account and by money transfer (SEPA) for participants with a foreign bank account).

Starter-Package

- 1 complete set of maps from the GORE-TEX® Transalpine-Run
- 1 precisely calibrated trail book
- 9 x pasta party
- 8 x food & drinks (energy bars, fruit, and sport drinks) at check points along the route and in the finish
- 1 event t-shirt (please indicate size)
- 1 sports bag (82x38x36 cm)
- free parking during the event week in Ruhpolding
- free luggage transfer
- finisher t-shirt, certificate and medal (only for participants who have covered all stages from start to finish)

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PLAN B
Vivalpin

Entry fee

EUR 1,390 per team (2 persons)

Terms of payment

PLAN B event company GmbH,
Geisalgasteigstr. 120, 81545 München
Phone +49 (0)89-65129930
Bank details (foreign countries): Bankhaus Donner & Reuschel. München
IBAN-KontoNr. DE 26200303000365854501 BIC-Code: CHDBDEHHXXX
reason for transfer: TAR_name of participant

If you have a German bank account the entry fee will be debited from this bank account within 15 working days. If you have a foreign bank account please transfer the entry fee to the above mentioned bank account within 15 working days.

Food & drinks / lodging

Participants will get free dinner on 9 days in the stage host cities, and energy bars, sports drinks, fruit etc. at check points and the respective finish. In the stage host cities participants will be offered a very affordable Transalpine-Run-Camp in schools, gyms etc. which includes breakfast. (Except Kitzbühel: There the tourist office offers accommodations at favourable prices.) Please be sure to indicate during registration if you want to reserve a spot at the camps in Ruhpolding and/or Sexten as well. Payment for the camp must to be made at the day of the accreditation in Ruhpolding. For individual lodging please contact the tourist office in the respective stage host city where you will be offered very affordable alternatives to the camp.

CHECK-LIST

KEEP ON RUNNING Timed by SUUNTO

TRANSALPINE-RUN

1 - 8 SEPTEMBER 2012

WWW.TRANSALPINE-RUN.COM

Classification categories: For safety reasons and for the sake of the team spirit participants start in 2-person teams. MEN, WOMEN, MASTER-MEN (combined age of participants is 80 years or over*), SENIOR MASTER-MEN (combined age of participants is 100 years or over) and MIXED (the team consists of one female and one male). *cut-off date is Sep 1, 2012

Program: Participants stay the nights in the mentioned stage host cities. From noon till 18:00 on the day of arrival at the respective stage, there will be a finish area with timing. In the following morning there will be a block start. In Sexten the overall winners will be calculated by adding up all times. The start takes place, depending on the length of the stage, at 7:00 or 8:00, exception being Ruhpolding. The route of each

day is described in detail in the trail book handed out to everybody beforehand. Participants have to pass between two and three check points together as a team and check in with their transponders. Only teams that pass all check points will be classified. At the pasta parties in the evening, the winners of the day will be awarded small prizes and the overall leaders will get their leader jerseys.

Eligibility: Eligible to participate is every healthy, experienced runner/Nordic Walker who is also sure-footed on alpine and mountain trails. Participants must be at least 18 years of age. Each participant is solely responsible for his or her health and safety (detailed conditions for participation are published online).

Award ceremony/finisher party: The award ceremony takes place in Sexten on Saturday, Sep 8, 2012. Prize money of a total of €14,000 will be distributed among the overall winners of the respective categories. After the award ceremony is over and participants that have completely covered all stages were given their finisher shirts, the final party can really start.

Luggage transfer: All participants will be given a sports bag for their clothing. This bag will be transported during the week by the organizer (sleeping bag and camping mat go in there, too). Please understand that we can only accept one bag per person.




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Return shuttle: The organizer offers a shuttle service by bus for all participants from Sexten (finish) back to Ruhpolding (start) and to the airport in Munich. Please make your binding reservation by checking the appropriate box on the registration form. Return shuttle service: Sunday, Sep 9, 2012 (about 8 a.m. from Sexten, exact departure times will be announced during the event week). Additional luggage will be stored in Ruhpolding and can, if necessary, be brought to Sexten.

Safety regulations: It is mandatory that rain gear and emergency equipment be carried in one backpack per team. There will be spot checks at the start to ensure compliance with this regulation. Members of a team need to stay together and check in together at check points and the finish.

Cancelations: If registered participant-teams cancel before Jun 1, 2012, they will get a refund of €700 per team. Between Jun 2 and Jul 15, 2012, €500 per team. Cancelations later than Jul 16, 2012, will only be accepted if a medical certificate can be provided. In this case €200 per team will be refunded. It is recommended to take out a travel cancelation insurance. The organizer can be of assistance in this matter.







zugspitz-ultratrail.com 4-trails.com womens-trail.com keep-on-running.com indoortrail.de

www.transalpine-run.com

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