

Get the best out of your run: With Sports Massages from professional physiotherapists!

Your stressed muscles and aching legs will be treated perfectly from us between the stages. Like this the regeneration time will be accelerated through faster transportation of metabolic waste products and activation of your circulatory system. Sore muscles and other fatigue don't have a chance like this and you will start your run optimal the next day.

On top physiotherapeutic treatment is good for your mental and physical well-being and we can individually tape you and look after any upcoming complaints.

You will get all this from us right out there at the run.

OFFERS

GORE-TEX® Transalpine-Run

Regeneration – and Relax Massage after the finishing line (20 Min) 15 €

Special Offer: If you want to do the full program (8 days massage) and give your body the best treatment possible, you will get 10% discount from us. *

Professional Taping

You can buy Taping Vouchers in advance for 3€. These can be used easily whenever you need. Like this you don't need to carry around cash and will get a perfect service.

* Only if you book in advance.

BOOKINGS VIA: Outdoor-Physio@gmx.de

!!! Please send your full name, address details, phone number, emailaddress and your booking wishes. We will then send you your exact massage times and other information **!!!**

!!! We will make the booking following the „first come, first serve“ principal. So the earlier you book, the better. **!!!**

We are looking forward to seeing you!
Your Outdoor-Physio Team

